

9. UPKAAR RURAL REHABILITATION INSTITUTE FOR HANDICAPPED, TANDUR

The Clinical Services started on 15th April, 2005 inaugurated by Dr. Y. S. Rajasekhara Reddy, Hon'ble Chief Minister of AP in District Head Quarters Hospital.

Diagnostic and therapeutic services are provided to the patients in the areas of Audiology, Speech therapy, physiotherapy, aids and appliances to the physically hearing disabled, early intervention services, schools for children with mental retardation, hearing impairment.

Diploma & B.Sc in Speech & Audiology started on 17.08.2005

10. UPKAAR RURAL REHABILITATION INSTITUTE FOR HANDICAPPED, KADAPA

His Excellency Mr. Susheel Kumar Shinde Hon'ble Governor of AP had inaugurated this centre on 21.4.2005. Diagnostic & Therapeutic services are provided to the patients in the areas of Audiology, Speech Therapy, Physiotherapy, aids and appliances to the physically disabled, early intervention services schools for children with mental retardation, hearing impairment.

Outreach programs collaboration with Govt. Hospitals undertaken in Early Intervention Services supported by NIMH, Screening programs, Mission for Elimination of Poverty in Municipal Areas (MEPMA) supported by State Govt.

11. UPKAAR RURAL REHABILITATION INSTITUTE FOR HANDICAPPED, GUNTUR

This clinical services started from 23.09.2007 with 11 cases for whom speech therapy, special education, early intervention services were being offered. This campus not only offers services to disabled but also conducted B.Sc. (ASLP) courses affiliated to OU.

Village level Medical camps for disability detection conducted for awareness as well as treatment. As a part of disability awareness this centre has conducted sensitization programs for village level workers, Anganwadi workers and Medical Professionals and giving training for Mothers / caregivers, schools, counseling senior citizens, drug abuse clients to use

simple screening methods for identification of disability.

12. COMMUNITY BASED REHABILITATION SERVICES:

1. Collaboration with Govt. Hospitals
2. Survey of the area
3. Camps like, Disability detection, School screening programs, infant speech and hearing screening programs.
4. Training village level workers, Anganwadi workers and medical professionals.
5. Training mothers, caregivers
6. Counseling senior citizens, drug abuse clients.

13. MULTIDISCIPLINARY REHABILITATION TEAM

- Rehab. Medical Specialist.
- Developmental Pediatrician
- Neurologist
- Child development specialist
- Early interventionists
- Psychologist
- Physiotherapist
- Occupational therapist
- Nutritionist
- ENT Surgeon
- Audiologist
- Speech therapist
- Recreational therapist
- Counselor
- Social Worker
- Yoga Therapist

14. FREE MEDICAL HEALTH & DISABILITY DETECTION CAMPS (FMHDDC)

This programme was started in the year 1999. Camps are conducted every Sunday. Qualified team of experts conducts the camps in the Slum & Rural areas to reach the unreached to care the uncared.

Free Medicines, Calipers, Artificial Limbs have been distributed. The patients with psychiatric social problems were referred to the Head Office for admission into Drug De-addiction centre, Old Age Homes, Speech Therapy units.

Rehabilitation from Womb to Tomb

**Services for
Families, Aged, Drug Addicts
Early Care
Education Professionals
&
Communities**



UPKAAR

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ABOUT US

Upkaar Dr. Pasupuleti Nirmala Hanumantha Rao Charitable Trust is registered under Charitable Trust Act on 30th day of March 1987. The main aim of the Trust is to provide services to the disabled and establish, maintain, run, develop, improve the institutions / centers to render help to the needy & encourage the deserving students to pursue education.

SERVICES

1. MANUFACTURE / FITTING OF AIDS / APPLIANCES (UPKAAR ARTIFICIAL LIMB CENTRE - UALC)

- A. This unit was established in 1989 to meet the needs of the physically challenged. We manufacture all kinds of calibers for polio patients, spinal orthosis, corrective shoe and other supportive devices. We also make Prosthetic and Orthotic appliances.
- B. The unit has a team of qualified and experienced Prosthetic and Orthotic Engineers, P&O Technicians, Cobblers and Padding Assistants.
- C. This unit is effectively implementing the ADIP scheme of GOI. Under this scheme, patients who are below the poverty line are provided limbs/appliances free of cost. UPKAAR conducts periodical camps at selected rural areas / urban slums to identify and help the patients.
- D. This unit receives patients from Railway Hospitals, Military Hospitals Corporate Hospitals, National Institute for Mentally Handicapped, NGOs, Orthopedic surgeons and general public.

2. EARLY INTERVENTION SERVICES (CHILD DEVELOPMENT CENTRE – CDC)

This unit was established in 1986. We believe in early detection, early diagnosis, early intervention, early rehabilitation. This maximizes the result and prevents further growth of disability and cost effective and satisfying and encouraging to the parents and care givers.



3. OLD AGE HOME (HOME FOR THE AGED – HFA)

This unit is started in the year 1989 to serve the elderly people by giving shelter, taking them proper care & sharing love and bringing the feeling that they are staying in a home away from their home.

By proper counseling, providing nutritious food, giving required medicines, taking to different places like temples and picnic spots, celebrating all festivals of all religions

4. DRUG – DE - ADDICTION CUM REHABILITATION CENTRE (DDC)

- This center aims to reduce drug / alcohol demand. It was started in 1989.
- Objective is to bring awareness among the people about drug / alcohol and their ill effect in psychological, physical, social, marital, employment children's education and their personality development and recover them by scientific and government approved treatment.
- Therapies administered in the treatment: Chemotherapy, psychotherapy (individual counseling family counseling, group counseling, group therapy), Yoga therapy, Behavior therapy, family therapy.



5. PRE - SCHOOL

Pre- School was started in the year 1997 with the aim of training and integrating the children by laying down the foundation in the age group 3 - 5 years who are lagging in the areas of development such as :

- cognitive
- language
- Socialization
- Self help skills
- Pre academics

This centre facilitates the children by providing them with improved environmental stimulation along with education suited to their individual needs.

Types of cases dealing with

1. Developmental Delay
2. Down syndrome
3. Congenital Anomalies
4. Attention deficit hyper active disorder
5. Borderline intelligence
6. Mild Mentally Challenged
7. Delayed speech and language

6. HIV / AIDS Program

The following are the activities taken up by the organization to prevent the spreading of HIV / AIDS. Conducting awareness camps among the target groups i.e. slum dwellers, truck drivers, commercial sex workers etc. by a team of specialists consisting of a general physician, psychologist, medical social worker and field workers.

7.COMPREHENSIVE SCHOOL HEALTH SERVICES (CSHS)

This program was started in 1994 to raise the community health standards among the school going children. Children in normal schools were examined by our team of experts i.e., Special Educator, Psychologist, Nutritionist, Social Counselor to find out invisible disability in the children regularly.

8. CENTRE FOR LEARNING DISABILITIES (CLD)

This unit was established in the year 1999 to counsel the parents to get early treatment / therapy for their children for future educational career.

Therapies offered :

1. Remedial Education,
2. Play, Sand, Relaxation
3. Breathing Exercise
4. Memory Games, Dance
5. Behaviour
6. Student / Parent counseling